



Learning through dance with **tiny toes ballet®**
in your early years setting, mainstream or special needs school.

EDUCATIONAL INFORMATION

Who are we and what we do

Tiny toes ballet is unique. It is the UK's only dance programme that is fully integrated with the EYFS curriculum. All our lesson plans are written to include clear learning outcomes from the EYFS framework and also have termly 6-week themes that cleverly develop children's understanding and knowledge of the world around them.

It was founded ten years ago by Emma Morgan; a professional dancer, experienced primary school teacher, qualified Royal Academy of Dance teacher and Special Needs accredited dance teacher with ParaDance (the UK's national governing body for Para Dance Sport in the UK and the UK's leading specialists in inclusive dance). Since then the programme has been successfully used in nurseries, mainstream and special needs schools and children's centres.

We offer unique 45-minute classes where children are transported into a magical world of dance, music, drama and storytelling. Our themes change every half-term and include topics such as nature, space, travelling and weather as well as specific well known children's books and fairy-tale classics. We engage and inspire the children's own creativity through a variety of specially written music, games, exercises and props that relate to the termly theme. Tiny toes is so much more than the study of dance; it is a holistic programme, developed to benefit the whole child and to foster a lifelong love of learning and dance.



Fun, themed dance sessions that build confidence, co-ordination, creativity and real concrete learning experiences.

Kings with *jewels* sparkling in the *LIGHT*,
Or a **WIZARD FLYING** into the night,
Fairies twirl on their *magical* feet,
While **PIRATES** move into retreat
With *IMAGINATIONS* galore,
as we enter the magical world of *tiny toes ballet*.





Learning Journey to track progress

As well as detailed structured lesson plans, we also have a very special learning journey. This is in the form of a book which clearly tracks and records

each child's progress through the five stages of the tiny toes programme and the 180 simple but effective learning outcomes. Our nursery and school setting classes are ideally suited for boys and girls from the age of 18 months upwards.

Why should I have dance in my setting?

The early years of life are vital for early brain development. Movement is the gateway for all learning during these early years because sensory, motor and social development precedes language and login skills. Dance in particular integrates kinaesthetic learning with understanding. The tiny toes ballet programme is a proven model, designed to foster crucial skills through movement and social interaction during these important early years.

Unlike other forms of exercise, dance connects with the emotional centres of the brain. As a result, it produces more endorphins, boosts happiness, increases spatial awareness and improves creative-thinking patterns. This benefit is enhanced even more through our termly themes; Will you travel around the world? Swim under the ocean or be a Superhero?

Finally, dancing isn't just a great way of keeping fit and maintaining a sense of health and well-being, it's also great fun. Boys as well as girls want to jump around to their favourite music and express themselves. With obesity rates in the under 5's at their highest level ever, exercise is so important to avoid this trend continuing into later life. Exercise should

be enjoyed as part of a healthy lifestyle. So, let's teach them, through dance, that exercise can be great fun. Our tiny toes sessions are

action packed and full of exciting props and catchy music so children can't resist getting up to join in.

How do I organise a tiny toes session in my setting?

You can organise a **FREE** taster session for your setting to see how much your children can benefit from our tiny toes programme.

Please contact Director Emma Morgan on info@tinytoesballet.co.uk or telephone **07407348773**. She can then put you in touch with your local franchisee who can then arrange a taster at your nursery / school. If you are interested in booking tiny toes into your setting you will need to contact your local tiny toes teacher, as fees vary but are competitive in different areas. Please visit www.tinytoesballet.co.uk for a full list of tiny toes franchisees and their contact details.

How the tiny toes programme is fully integrated with the EYFS curriculum.

Our comprehensive and detailed lesson plans include explicit learning outcomes form the EYFS curriculum and cover the seven areas of learning including; communication and language, physical development, personal, social and emotional development, literacy, mathematics, understanding the world and expressive arts and design. For an example of our lesson plans please contact Emma Morgan, founder of tiny toes directly on info@tinytoesballet.co.uk or telephone **07407348773**.

Our developmental handouts here also demonstrate the benefits of the tiny toes programme and their links with the EYFS curriculum. They can be read in more detail on our website www.tinytoesballet.co.uk.



"Tiny toes ballet delivers so much more than just a dance class. If I could wish for all children to have the right to enjoy the love of dance, music and language, **these classes should be made statutory.** It is simply an incredible experience for all those children lucky enough to have the chance to experience it. I feel so blessed to have had the opportunity to experience."

CAROL-JANE JENNINGS, PRIMARY CLUSTER LITERACY COACH, FORMER SECONDARY HEAD OF ENGLISH AND LITERACY & NUMERACY LEADER.

"The quality of the experience is fantastic! For my child there are so many benefits of tiny toes classes; confidence, relationships with adults and children, musicality, physical development and the enjoyment of dance and performance, regardless of ability. Being a teacher myself I was so pleased to see so many elements of the EYFS incorporated into the class."

SARAH MILL, MUM OF GRACE AGED 2



"The creative dance workshop, planned and delivered to correspond to our termly theme on castles was fantastic. The children were engaged and focussed throughout the whole session. The teacher's delivery was brilliant and the children were captivated. **The superb quality** of your teaching ensured that all children, even those that are reluctant to join in, were eager to participate. Your behaviour management of the children was a joy to behold, even our trickier pupils, responded exceedingly well to your calm manner and clear boundaries. **The children really made huge progress** in the workshop and I was amazed at how much they achieved and how much knowledge they retained. It was not just the children though. I found myself really learning from watching you teach and it was a fabulous developmental opportunity that I would recommend to any school, thinking of employing a specialist teacher."

MISS T TYRELL, FOUNDATION PHASE LEADER, WAUNARLWYDD SCHOOL

"As a teacher myself, I have always been in awe of the level of preparation and planning that goes into every session! Emma has managed to take her passion, knowledge and enthusiasm and pass that onto her team of staff...this is no mean feat and as a result, the standards have remained outstanding even as the business has grown. The children learn resilience, discipline, posture, how to deal with success and disappointment and all whilst not even realising it as they are having so much fun."

STACEY BEVAN, CURRICULUM LEADER AND LITERACY CO-ORDINATOR AT GOWER COLLEGE AND MUM OF TWINS LUISA AND MIA



TESTIMONIALS

"In August 2019, as part of our extended school year programme of activities, Tiny Toes Ballet Ltd delivered a ballet, mime and movement workshop to patients and siblings at The Children's Hospital School, here at Great Ormond Street. The 2 hour workshop was a huge success. Approximately 12 children took part, mostly aged 3-11 years and with a wide range of access needs and abilities. The session finished with a short performance for families and carers which was very well received. Emma and Bianca were **highly motivated and skilled in leading and facilitating the session, ensuring that all the children were included and able to participate to their full potential.** The workshop provided many excellent learning opportunities and was safe and fun. On the basis of our recent experience, **I would thoroughly recommend Tiny Toes Ballet Ltd to other school, nursery and hospital settings.**"

ANTHEA HAWKE LEADING PRACTITIONER SEN
THE CHILDREN'S HOSPITAL SCHOOL AT GREAT ORMOND STREET & UCH



GREAT
ORMOND
STREET
HOSPITAL
CHARITY



Accreditations & Endorsements:



GREAT
ORMOND
STREET
HOSPITAL
CHARITY



Para Dance UK

The Early Years
Foundation Stage



EWIF
ENCOURAGING WOMEN

